

Safety and use General information Warranty Troubleshooting

ALCATEL one touch



This device meets applicable national SAR limits of 2.0W/kg. The specific maximum SAR values can be found on page 14 of this user guide.

www.sar-tick.com

## Safety and use

We recommend that you read this chapter carefully before using your device. The manufacturer disclaims any liability for damage, which may result as a consequence of improper use or use contrary to the instructions contained herein.

#### • TRAFFIC SAFETY:

Given that studies show that using a device while driving a vehicle constitutes a real risk, drivers are requested to refrain from using their device when the vehicle is not parked.

When switched on, GO WATCH emits electromagnetic waves that can interfere with the vehicle's electronic systems such as ABS anti-lock brakes or airbags. To ensure that there is no problem:

- do not place GO WATCH on top of the dashboard or within an airbag deployment area,
- check with your car dealer or the car manufacturer to make sure that the dashboard is adequately shielded from RF energy.

#### · CONDITIONS OF USE:

You are advised to switch off GO WATCH from time to time to optimise its performance.

Switch GO WATCH off before boarding an aircraft.

Switch GO WATCH off when you are in health care facilities, except in designated areas. As with many other types of equipment now in regular use, mobile devices can interfere with other electrical or electronic devices, or equipment using radio frequency.

Switch GO WATCH off when you are near gas or flammable liquids. Strictly obey all signs and instructions posted in a fuel depot, petrol station, or chemical plant, or in any potentially explosive atmosshere.

When GO WATCH is switched on, it should be kept at least 15 cm from any medical device such as a pacemaker, a hearing aid or insulin pump, etc.

Do not let children use GO WATCH and/or play with it and accessories

Do not let children use GO WATCH and/or play with it and accessories without supervision.

Please note that GO WATCH is a unibody device, the battery is not removable. Do not attempt to disassemble GO WATCH. If you disassemble your device the warranty will not apply. Also disassembling the device may damage the battery, and may cause leakage of substances that could create an allergic reaction. Always handle your GO WATCH with care and keep it in a clean and dust-free place.

Do not allow GOWATCH to be exposed to adverse weather or environmental conditions (moisture, humidity, rain, infiltration of liquids, dust, sea air, etc.). The manufacturer's recommended operating temperature range is -10°C to +55°C. At over 55°C the legibility of the device's display may be impaired, though this

is temporary and not serious. Do not open, dismantle or attempt to repair your GO WATCH yourself.

Do not drop, throw or bend your GO WATCH.

Do not use GO WATCH if the glass made screen, is damaged, cracked or broken to avoid any injury.

Do not paint it.

Use only batteries, battery chargers, and accessories which are recommended by TCL Communication Ltd. and its affiliates and are compatible with your device model. TCL Communication Ltd. and its affiliates disclaim any liability for damage caused by the use of other chargers or batteries.

Pay attention to any warnings.

Do not attempt to open or disassemble GO WATCH. Under inappropriate operation, the device and battery can be damaged and be hazardous to the human body and the environment.

Do not clean GO WATCH with corrosive cleaning products.

Do not place GO WATCH in dishwashers, washing machines or dryers.

Do not place GO WATCH on or in heating devices, such as microwave ovens, stoves, or radiators.

Do not expose GO WATCH to extreme temperatures. The recommended temperature ranges from -20  $^{\circ}\text{C}$  to 60  $^{\circ}\text{C}$ .

Do not place GO WATCH close to fire.

Do not dispose of GO WATCH in a fire. This may cause the device to explode.

Prevent the USB connector from contacting water to avoid rust.

Do not crush, drop, or puncture your GO WATCH.

Never allow children to play with GO WATCH. Small components may present a choking hazard to children.

You are not recommended to wear GO WATCH on the frequently-used hand.

## IP (Ingress Protection) Rating

Your device has been tested in a controlled environment and certified to be water- and dust-resistant in specific situations (meets requirements of classification IP67 as described by the international standard IEC 66529 - Degrees of Protection provided by Enclosures [IP Code]; test conditions: 15 - 35 °C, 86 - 106 kPa, 1 metre, 30 minutes). Despite this classification, your device is not timper/yous to water damage in any situation.

You may, for example, wear and use the device during exercise (exposure to sweat is OK), in the rain, and while washing your hands with fresh water. But submerging your device is not recommended and the device is only protected against low pressure water stream. Therefore, it's not recommended to wear your device while swimming or taking a shower.

### When using your device, note that:

If the device is exposed to fresh water, dry it thoroughly with a clean, soft cloth, if the device is exposed to any liquid other than fresh water, such as salt water, liquid chemicals, vinegar, alcohol, and liquid detergent, rinse the device with fresh water immediately and dry it thoroughly with a clean, soft cloth. Failure to rinse the device in fresh water and dry it as instructed may cause it to suffer from operability or cosmetic issues.

Dry your device before charging.

Do not submerge the device.

Do not expose the device to pressurized water or high velocity water, such as water running from a tap, ocean waves, or waterfalls.

Do not wear your device in the sauna or steam room.

Even if your device is resistant to dust and water, you should avoid exposing it to environments with excessive dust, sand and mud or to moist environments with extreme high or low temperatures.

Your warranty does not cover damage or defects caused by abuse or improper use of your device (including use in environments where the relevant IP rating limitations are exceeded).

The first digit in the two-digit IP rating indicates the level of protection against solid objects, such as dust. The second digit indicates how resistant the device is to water, as explained in the table below:

### Resistance to solid objects such as dust

- 0: No special protection
- 1: Protected against solid objects larger than 50mm in diameter
- 2: Protected against solid objects larger than 12mm in diameter
- 3: Protected against solid objects larger than 2.5mm in diameter
- 4: Protected against solid objects larger than Imm in diameter 5: Protected against dust: limited ingress (no harmful deposit)
- 6: Totally protected against dust

### Resistance to water

- 0: No special protection
- 1: Protected against dripping water
- 2: Protected against dripping water when device is tilted up to 15 degrees
- 3: Protected against spraying water 4: Protected against splashing water
- 5: Protected against low pressure jets of water from all directions
- 6: Protected against temporary flooding of water
- 7: Protected against the effects of immersion in up to I metre of water for 30 minutes

### ALLERGENS:

TCL Communication Ltd. avoids using known allergens in our products. From time to time, trace amounts of an allergen may be added during manufacture of a device or device component that could cause discomfort for some individuals. This approach is common for many types of products. We recommend that you monitor any products that may be in prolonged contact with your skin, and remove them if you experience skin irritation.

## HFART RATE ALERT

TCL Communication Ltd. shall not be liable in the event of inaccuracy of your heart rate or failure to provide the heart rate.

## EXERCISE

Pedometer, Sleep, Workout, and Heart Rate are intended for leisure, well-being and fitness purposes only and are not intended for medical use. Before using these applications, read the instructions carefully. Consult a medical professional if you experience any health problems or need medical assistance.

#### Heart rate monitor

The heart rate figures may not be accurate depending on measurement conditions and surroundings.

- Take heart rate measurements when you are seated and relaxed.
- If heart rate measurements are taken at low temperatures, the result may be inaccurate.
- Do not move your body while taking heart rate measurements. Doing so may cause your heart rate to be recorded inaccurately.
- · Users with thin wrists may receive inaccurate heart rate measurements.
- Inaccurate measurements occur when the device is loose and the light used to provide the measurement is reflected unevenly.
- If the measurement is very different from the expected heart rate, rest for 30 minutes and then measure it again.
- During winter or in cold weather, keep yourself warm when measuring your heart rate.
- Smoking or consuming alcohol before taking measurements may cause your heart rate to be different from your normal heart rate.

- Do not talk, yawn, or breathe deeply while taking heart rate measurements.
   Doing so may cause your heart rate to be recorded inaccurately.
- If your heart rate is extremely high or low, measurements may be inaccurate.
- · Heart rate measurements taken for infants and toddlers may be inaccurate.
- Do not look directly at the heart rate sensor's lights. Doing so may impair your vision.
- If heart rate measurement is not working properly, adjust the position of GO WATCH on your wrist. For example, move GO WATCH right, left, up, or down on your wrist to adjust the position of the heart measurement sensor. Or, wear GO WATCH with the heart rate sensor firmly against the inside of your wrist.
- If the heart rate sensor is dirty, wipe the sensor and try again.

## Before You Start Exercising

This app can be used to monitor your exercise. While moderate physical activity, such as brisk walking, is safe for most people, health experts suggest that you talk with your doctor before you start an exercise program, particularly if you have any of the following conditions:

- Heart disease:
- · Asthma or lung disease;
- Diabetes, or liver or kidney disease;
- Arthritis.

You should also check with your doctor if you have symptoms suggestive of heart, lung, or other serious disease, such as:

- · Pain or discomfort in your chest, neck, jaw, or arms during physical activity;
- · Dizziness or loss of consciousness:
- Shortness of breath with mild exertion or at rest, or when lying down or going to bed;
- · Ankle swelling, especially at night;
- A heart murmur or a rapid or pronounced heartbeat;
- Muscle pain when walking upstairs or up a hill that goes away when you rest.
   Finally, it is recommended that you see your doctor before engaging in vigorous exercise if two or more of the following apply:
- You are a man older than age 45 or a woman older than age 55;
- You have a family history of heart disease before age 55;
- You smoke or quit smoking in the past six months;
- You have not exercised for three months or more;
- You are overweight or obese;
- · You have high blood pressure or high cholesterol.
- You have impaired glucose tolerance, also called pre-diabetes.

## When in Doubt - Check it Out

If you are unsure of your health status, have several health problems, or are pregnant, you should speak with your doctor before starting a new exercise program. Working with your doctor ahead of time is a good way to plan an exercise program that is right and safe for you. Consider it the first step on your path to physical fitness.

#### • PRIVACY:

Please note that you must respect the laws and regulations in force in your jurisdiction or other jurisdiction(s) where you will use your device regarding taking photographs and recording sounds with your device. Pursuant to such laws and regulations, it may be strictly forbidden to take photographs and/or to record the voices of other people or any of their personal attributes, and duplicate or distribute them, as this may be considered to be an invasion of privacy. It is the user's sole responsibility to ensure that prior authorisation be obtained, if necessary, in order to record private or confidential conversations or take a photograph of another person; the manufacturer, the seller or vendor of your device (including the operator) disclaim any liability which may result from the improper use of the device.

## DATA PRIVACY

Please note by using GO WATCH some of your personal data may be shared with the main device (smartphone). It is under your own responsibility to protect your own personal data, not to share it with any unauthorized devices or third party devices connected to yours. Be sure to remove or clear all personal information before you recycle, return, or give away your product. Choose your apps and updates carefully, and install from trusted sources only. Some apps can impact your product's performance and/or have access to private information including account details, call data, location details and network resources.

Note that any data shared with TCL Communication Ltd. is stored in accordance with applicable data protection legislation. For these purposes TCL Communication Ltd. implements and maintains appropriate technical and organizational measures to protect all personal data, for example against unauthorized or unlawful processing and accidental loss or destruction of or damage to such personal data whereby the measures shall provide a level of security that is appropriate havine regards.

- (i) the technical possibilities available,
- (ii) the costs for implementing the measures,
- (iii) the risks involved with the processing of the personal data, and
- (iv) the sensitivity of the personal data processed.

You can access, review and edit your personal information at any time by logging into your user account, visiting your user profile or by contacting us directly through privacy.europe@alcatelonetouch.com. Should you require us to edit or delete your personal data, we may ask you to provide us with evidence of your identity before we can act on your request.

## • BATTERY:

Please note your GO WATCH is a unibody device, the battery is not removable. Observe the following precautions:

- Do not attempt to open the back cover,
- Do not attempt to eject, replace and open battery,
- Do not punctuate the back cover of your device,Do not burn or dispose of your device in household rubbish or store it at
- temperature above  $60^{\circ}$ C.
  Device and battery as a unibody device must be disposed of in accordance with locally applicable environmental regulations.
- This symbol on your device, the battery and the accessories means that these products must be taken to collection points at the end of their life.
- Municipal waste disposal centres with specific bins for these items of equipment
- Collection bins at points of sale.
- They will then be recycled, preventing substances being disposed of in the environment, so that their components can be reused.

  In European Union countries:
- These collection points are accessible free of charge.

All products with this sign must be brought to these collection points.

In non European Union jurisdictions:

Items of equipment with this symbol are not to be thrown into ordinary bins if your jurisdiction or your region has suitable recycling and collection facilities; instead they are to be taken to collection points for them to be recycled.

CAUTION: RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRI ICTIONS

#### • CHARGERS

ALCATEL ONETOUCH recommends to use a universal charger (output 5V, 500mA) in order to avoid any technical issues. The charger must have a Micro-USB connector.

Mains powered chargers will operate within the temperature range of  $0\,^{\circ}\text{C}$  to  $45\,^{\circ}\text{C}.$ 

The chargers designed for GO WATCH meet with the standard for safety of information technology equipment and office equipment use. They are also compliant to the ecodesign directive 2009/125/EC. Due to different applicable electrical specifications, a charger you purchased in one jurisdiction may not work in another jurisdiction. They should be used for this purpose only

## · RADIO WAVES:

THIS DEVICE MEETS INTERNATIONAL GUIDELINES FOR EXPOSURE TO RADIO WAVES

Your device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves (radio frequency electromagnetic fields) recommended by international guidelines. The guidelines were developed by an independent scientific organization (ICNIRP) and include a substantial safety margin designed to assure the safety of all persons, regardless of age and health. The radio wave exposure guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2 W/kg. Tests for SAR are conducted using standard operating positions with the device transmitting at its highest certified power level in all tested frequency bands. The highest SAR values under the ICNIRP guidelines for this device model are:

Maximum SAR for this model and correcorded	
Body-worn SAR	0.014 W/kg

During use, the actual SAR values for this device are usually well below the values stated above. The lower the power output of the device, the lower its SAR value.

Body-worn SAR testing has been carried out at a separation distance of 0 mm. For more information you can go to www.alcatelonetouch.com

Additional information about electromagnetic fields and public health are available on the following site: http://www.who.int/peh-emf.

## **General information**

- TCL Communication Ltd.
- Internet address: http://www.alcatelonetouch.com
- Address: Room 1910-12A, Tower 3, China HK City, 33 Canton Road, Tsimshatsui, Kowloon, Hong Kong

## **C€1588**

This equipment is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC. The entire copy of the Declaration of Conformity for your telephone can be obtained through our website: www. alcatelonetouch.com.

### LICENCES



The Bluetooth word mark and logos are owned by the Bluetooth SIG, Inc. and any use of such marks by TCL Communication Ltd. and its affiliates is under license. Other trademarks and trade names are those of their respective owners.

## ALCATEL ONETOUCH SM03 Bluetooth Declaration ID D024873

### Regulatory information

The following approvals and notices apply in specific regions as noted.



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THERE MAY BE CERTAIN DIFFERENCES BETWEEN THE USER MANUAL DESCRIPTION AND THE GO WATCH'S OPERATION, DEPENDING ON THE SOFTWARE RELEASE OF YOUR DEVICE OR SPECIFIC OPERATOR SERVICES.

### Childcare

These devices are not toys and may be hazardous to small children.

## Recycling

Please don't dispose of products or electrical accessories (such as chargers, or batteries) with your household waster Warning; Never dispose of batteries, either separately or within a mobile device, in a fire because they may explode. These items should be disposed of in accordance with the national collection and recycling schemes operated by your local or regional authority. Or, you may return unwanted ALCATEL ONETOUCH Approved Service Center in your region. Packaging and product guides should only be disposed of in accordance with national collection and recycling requirements. Please contact your regional authorities for more details.

## Warranty

We aim at "creating value for consumers". In order to better protect consumers' rights, please read through the following points in case of controversy:

GO WATCH is warranted against any defect or malfunctioning which may occur in conditions of normal use during the warranty period of twelve (12) months from the date of purchase as shown on your original invoice. (The warranty period may vary depending on your country.)

Within the warranty span, damages and defects deemed by authorized technical personnel as incurred from normal uses, are subject to free repair service provided by the company and the company is allowed to charge or refuse to repair under the following.

- A. Damage caused by accident or abuse.
- B. Conducting or allowing unauthorized personnel to conduct tests, repair, or disassembly of the device.
- C. Damages caused by usage of or connection to non-official accessories.

#### Battery

This Limited Warranty covers batteries only if battery capacity falls below 80% of rated capacity or the battery leaks, and this Limited Warranty does not cover any battery if.

- (i) The battery has been charged by a battery charger not specified or approved by TCL Communication Ltd. for charging the battery:
- (ii) Any of the seals on the battery are broken or show evidence of tampering; or (iii) The battery has been used in equipment other than GO WATCH for which it is specified.

#### Software

Software Embodied in Physical Media.

No warranty is made that the software will meet your requirements or will work in combination with any hardware or software applications provided by third parties, that the operation of the software products will be uninterrupted or error free, or that all defects in the software products will be corrected.

· Software NOT Embodied in Physical Media.

Software that is not embodied in physical media (e.g. software that is downloaded from the Internet), is provided "as is" and without warranty.

## Troubleshooting

Refer to the instructions below before contacting our aftersales service:

### Your GO WATCH can't be detected.

- Press the Power or Back key to light up the screen. Your GO WATCH can be detected for only 3 minutes after the screen is off.
   Turn on Ruerooth if it is disabled
- Enable the Bluetooth service to search for devices

## Your GO WATCH fails to pair with your phone or the pairing is slow.

 Press the Power or Back key to light up the screen. Your GO WATCH can be detected for only 3 minutes after the screen is off.

### Your GO WATCH often disconnects from your phone.

- · The background Onetouch Move service stops. Restart the application.
- · Make sure your GO WATCH is not too far away from your phone.

## Wi-Fi/Bluetooth transferring is slower than expected:

If other Bluetooth devices are also paired and connected to your phone, it is normal for the file transfer rate via Bluetooth to decrease. It is also normal behaviour for the Wi-Fi speed to be impacted and you may experience slower performance.

## How many BT 4.0 Low Energy (BLE) devices can be connected to the phone at most?

5 BLE devices can be connected to the phone at the same time.

After Onetouch Move is installed and GO WATCH is connected to your phone, the battery consumption speed of your phone increases.

This is normal and the consumption includes:

- Keeping connection between your GO WATCH and phone
- File transfer between your GO WATCH and phone
   Disconnection, device scanning, and re-connection

### Vibration does not work.

Charge and confirm that the battery works.
 Make sure the connection between your.

 Make sure the connection between your GO WATCH and phone is not interrupted.

## GO WATCH vibrates unexpectedly. • Check whether you have a notification.

- Make sure your GO WATCH is not too far away from your phone.
- Your GO WATCH does not respond.

Long press the **Power** key for 10 seconds to restart GO WATCH.

## Factory reset

If the instructions above fail to solve the problem, try to reset your GO WATCH.

In Onetouch Move, touch then touch **Watch\Settings\Factory Reset** to reset your GO WATCH.

Long press the  $\mbox{\bf Power}$  and  $\mbox{\bf Back}$  keys together for 10 seconds to reset your GO WATCH.

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